**Participant Program Plan**

The program plan should be reviewed and a new plan recorded at the beginning of every **12 week** period.

This document is important for tracking progress towards the participant’s goals and should therefore be consistently maintained each week.

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| --- | --- |
| Participant |  |
|  |  |  |  |
| Support worker |  |

|  |  |  |  |
| --- | --- | --- | --- |
| Plan start date |  | Plan end date |  |

|  |  |  |  |
| --- | --- | --- | --- |
|  | Activity | Related Goal | Comments |
| Week One |  |  |  |
|  |  |  |  |
| Week Two |  |  |  |
|  |
|  |  |  |  |
| Week Three |  |  |  |
|  |  |  |  |
| Week Four |  |  |  |
|  |  |  |  |
| Week Five |  |  |  |
|  |  |  |  |
| Week Six |  |  |  |
|  |  |  |  |
| Week Seven |  |  |  |
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|  |  |  |  |
| Week Eight |  |  |  |
|  |  |  |  |
| Week Nine |  |  |  |
|  |  |  |  |
| Week Ten |  |  |  |
|  |  |  |  |
| Week Eleven |  |  |  |
|  |  |  |  |
| Week Twelve |  |  |  |

At the end of the 12 week period, please scan and email the completed document to tanya@allaboutyou.org.au.